

"Your word is a lamp to my feet
and a light to my path."
-Psalm 119:105

God's Story
OUR STORY



"Developing Gifts for Joyful Service"

"72 million primary age children not in school Worldwide" ...BUT..."As amazing and effective as Education is, it cannot bring deep, sweeping, everlasting change. Only a transformed heart can do that. Only God can transform hearts".
-Edu Deo Ministry website

Monday, January 13

Grade 5 BB Practice Team 1 3:30 – 4:45 pm

Tuesday, January 14

ICES School Council Executive Meeting 2 PM
Grade 1 Skating Logan B. Arena (1:05 pm pick up)

Wednesday, January 15

Theme Dress Up Day Pajama Day!
Early Dismissal 2 pm
Grade 5 BB Practice Team 2 (2:20 – 3:35 pm)

Thursday, January 16

Friday, January 17

KA, KB & Grade 3 Skating Logan B. Arena 10:05 am

Saturday, January 18

Sunday, January 19

Monday January 20

ICES Kindergarten registration begins!



ICES News and Notes

Parents, given the forecast for the upcoming week, we urge you to ensure your child is dressed warmly. In extreme cold weather (like this upcoming week looks to be) we give the students the option of spending some recess time indoors. We encourage students to get a few minutes of fresh air; however, in extreme cold weather we will keep the outside doors unlocked so that students who are getting some fresh air can come back in before getting too cold.

Even if students spend minimal time outside, it is imperative that they are dressed warmly for getting to and from school, especially in case of bus/vehicle issues.

If you have any questions, please contact the school!



Thank you for your patience as we have been working through various pieces that impact the programming in Early Education Programs and Kindergarten for the 2020-2021 school year.

We will be proceeding with registration for **Kindergarten** as follows:

Kindergarten : Registration begins on January 20th for Kindergarten in all Lethbridge School Division elementary schools – **We are not able to accept kindergarten registrations before this time.**

Early Education Program (EEP): There will be an "Intent to Register" process for **Early Education Programs** as we are not yet in a position to be able to know all the details of programming.

January 27th - 31st - "Intent to Register" process for children already in a Lethbridge School Division EEP, who will continue with a second year of EEP in 2020-2021. These children must have been attending EEP during the month of December in order to be considered as a "continuing child". EEP fees for the current year must be up-to-date in order to register for the 2020-2021 school year. All continuing children, including children eligible for PUF, must pay the \$40 registration fee.

February 3rd - "Intent to Register" begins for north and south side EEP programs. Families will need to bring all the necessary registration requirements (\$40 registration fee paid, proof of birth certificate/completion of form to get a birth certificate and showing some other legal document that provides proof of legal name and birthdate).

If you have any questions about any of this, please do not hesitate to contact the school.

2020 ICES Grade 5 Basketball Teams

For the grade 5 basketball season (Jan 27 – Feb 28) both teams will play on Mondays AND Wednesdays (schedule is attached) . This means that it is only for the next 2 weeks (Jan 13 – 24) that Team 1 will participate (practice) only on Mondays and Team 2 will participate (practice) only on Wednesdays.

In terms of making up the teams, the coaches were focused on trying to make sure the teams were as “even” as possible.

The focus for our grade 5 basketball program is on building participation, skill/fundamentals, improvement, sportsmanship and having fun!!! With that said, there is still time to join if other grade 5 students would like to participate.

Team rosters have been shared with parents.

ICES HOT LUNCH PROGRAM—



Jan 2020

ICS LADIES AUXILIARY

We are pleased to offer our 'lazy Friday' lunch program for another season. The profits of this venture will continue to benefit ICES in items needed to help educate your children. We welcome your feedback and **especially your participation** to make this program as successful as possible!! These 'HOT' Lunches will be offered the 1st and 3rd Friday of the month[or as schedule permits] on a pre-ordered and pre-paid basis.

Hot lunch can be purchased for the time period February, 2020 to June, 2020

At ICS we are trying to eliminate cash in the school and hopefully this will make everything easier for parents and also those in charge of doing the hot lunch program. If you are not able to access a computer, you can also sign up on your cell phone. If you still have problems.

PLEASE go to the school and access the school computers! The secretaries will gladly help you!!

Thankyou for your \$ donations for hamburger to the program- last round paid for 3 months of **ground** hamburger So it really helps to keep the lunches affordable for all with then the profit going to the school needs!!

ALL hot lunches purchases MUST be made in School Cash Online

IT'S EASY Please find the link for **School Cash Online** on the school website <http://ices.lethsd.ab.ca/> to access or set up your account. If you have not signed up yet, you will need your child's ASN [AB Student number] You can find it on your child's report card or ask the secretary for it. You may use a credit card or e-cheque for payment!

Please double check to make sure your transaction has gone thru via your bank acct! Please **TAKE a moment to note which days you have ordered**

Please access the school Cash Online **before Jan 15** to order lunches for your children. PLEASE enter one child per entry or form

NO LATE ORDERS and Thanks for your support! If you have questions, please contact the school office 403 317 7860.

Feb 7	Hotdogs Cost \$1.50 x
Feb 14	Panago Pizza - Cheese , Pepperoni , 2.00 each slice Valentines Day
Feb 28	Hamburger Soup - Cost \$3.00 each
Mar 6	Hotdogs Cost \$1.50
Mar 27	Spaghetti - with meat sauce includes veggies Cost \$2.50
April 3	Hotdogs Cost \$1.50
April 24	Hamburger with BBQ sauce- with veggies Cost \$3.00 each
May 1	Hotdogs Cost \$1.50
May 22	Taco salad in a bag (cheese, lettuce, salsa, ranch drsg) Cost \$4.75
June 5	Hotdogs Cost \$1.50
June 11	Panago Pizza - Cheese , Pepperoni , 2.00 each slice
June 24	Hotdogs includes chip bag & watermelon - NOTE Picnic day!! Cost \$1.50



ICES PE Program “Dance”

As part of our PE program, “Expressions Dance” studio as once again been contracted to offer dance classes to ICES students. Expressions in a Christian dance studio, in which students are taught to glorify God through the joy of coordinated movement.

Dance classes will run January 13 – 24 for grade 1 – 3 and February 3 – 14 for grades 4 & 5. If you have any questions or concerns, please contact the office!

Save the Date: On Wednesday, February 19, the Logan Boulet Arena (formerly known as Adams) is booked to host at ICES Family Fun Skate. The ice time is from 3 – 4:45 pm. The address is 1302 9 Ave N. More details to follow!

Parents, please note that sharing the information below does not signify a lice outbreak. Lice is something that can pop up from time to time so we want to remind parents about protocols for treating lice.

5 Easy Tips to Get Rid of Lice

Lice! The word can send many parents into a panic. No one wants to get a call that their child has lice. Lice can happen to anyone, anytime. Rich or poor, clean or dirty, lice do not discriminate. The head louse is one of several types of lice, but it only infests the scalp. The head louse is not known to spread disease. Up to 10% of elementary school children may have lice. If your child has lice it can spread to other family members or close contacts. Head lice do not hop or fly. The lice spread by contact with the hair of a person who has lice.

So what do you do if your child has lice?

1. Try not to panic.
2. Treat those with lice. Talk to a pharmacist for the most current effective treatment.
3. Wash bedding and clothing, especially head gear and scarves in hot water. Drying on a hot cycle will help but is not necessary.
4. Soak combs and brushes in hot water approximately 55 degrees Celsius.
5. Do not use sprays to treat the house. They can be toxic.



Finding lice does not mean that your child gets time off school. Your child can go home at the end of the day and still return the next day after treatment.

➤ For more information about head lice and treatment, visit <https://www.albertahealthservices.ca/assets/info/school/if-sch-sh-head-lice-and-how-to-treat-them.pdf>

Articles

5 Easy Tips to Get Rid of Lice

Technology and Physical Activity

As the best defense against influenza infection and illness, an annual influenza immunization is recommended for all Albertans six months of age and older. For more information about influenza immunization visit

<http://www.albertahealthservices.ca/influenza.asp>



To follow up, a parent has shared the following tip:

- Once the above treatment has been completed, treat the affected hair with Cetaphil (root to tip). Then put a plastic bag or shower cap over the persons head/hair - make sure it is air tight (this is often best done at night. In the morning rinse out the hair.