

"Your word is a lamp to my feet  
and a light to my path."  
-Psalm 119:105

**God's Story**  
OUR STORY



## **"Developing Gifts for Joyful Service"**

"For outlandish creatures like us...Bethlehem is not the end of the journey, but only the beginning – not home, but the place through which we must pass if we are to ever reach home at last"

**-Frederick Buechner**

### **Monday, December 2**

Advent Chapel "Peace" Hosted by grade 3  
Grade 5 Boys Basketball Practice 3:30 – 4:45 pm  
ICS School Society Meeting @ ICSS - 7:30 pm

### **Tuesday, December 3**

### **Wednesday, December 4**

Grade 5 Girls Basketball Practice 3:30 – 4:45 pm

### **Thursday, December 5**

### **Friday December 6**

Christian Credit Union Banking day @ 11:45  
Hot Dog day

### **Saturday, December 7**

### **Sunday, December 8**

### **Monday, December 9**

Advent Chapel "Joy" hosted by the 5A class  
Grade 5 Boys Basketball Practice 3:30 – 4:45 pm

### **ICES Parent Notes**

Parents, please note if you need to notify the school about an absence, we prefer that you use email as the phone lines are quite busy in the morning. [ices@lethsd.ab.ca](mailto:ices@lethsd.ab.ca)

**Grade 5 Basketball season** is once again upon us. Our December practices are Monday for boys and Wednesday for girls (there will be no practices Dec. 16 or 18). Practices go for 90 minutes and begin 15 minutes after the last bell. In January students will be divided into 2 coed teams. The league schedule goes from late January to February with each team playing Mondays and Wednesdays.

Mrs. Liz Moradel and Mr. Steven Bootsma will be involved with coaching; with Mrs. Marina Grant and Mrs. Jennifer Van Der Kooij indicating their willingness to assist. Thanks to parents and volunteers for their support.

***T shirts are available on School Cash online. To pick up your T shirt, please bring your receipt to the office.***



### Christmas Season at ICES

Once again we are moving into our advent season. ICES is holding the following Christmas events.

**Joy Advent Chapel – Monday, December 9 @ 9 am** – This chapel will be hosted by our grade 5A class

**Love Advent Chapel – Monday, December 16 @ 9 am** – This advent chapel will be hosted by our EA's

**Christmas Chapel – Friday, December 20 @ 9 am.** This chapel will be hosted by our grade 4 classes.

Throughout the advent season ICES students are engaged in a Compassion Canada giving campaign. This is where ICES students are once again challenged to raise money for Compassion Canada. Students are asked to earn money by doing different jobs as opposed to asking for handouts. The different classes collect money raised and determine (from the Compassion Canada catalog) how that money will be spent. John Voort of Compassion Canada came to today's advent chapel to help kick this off.

Also, throughout December, different classes will be engaging in various Christmas FLEx projects (decorating Christmas bags for people at the Lethbridge Correctional Center, making Christmas cards to share on neighbourhood walks, visiting seniors at St Therese villa, singing at ELIM Seniors Home, Kindergarten Christmas program etc.). As things get even busier, it is our hope and prayer that everyone is able to stop and reflect on **THE GIFT** this Christmas season!





### **Lethbridge School Division Registration update**

Lethbridge School Division is unsure as to when they will open registration for Early Education Programming and Kindergarten for the 2020/2021 school year. With changes in the provincial budget, the registration dates will be pushed back to allow for more time to map out our Early Learning and kindergarten programs for next school year. The division will know the dates in January and they will be communicated to our Parent community at that time.

ICES will be holding an Early Education Program and Kindergarten Open house on the evening of Thursday, February 6<sup>th</sup>. This will be for families wanting to learn more about the Early Childhood Learning programs at Immanuel Christian Elementary school. If you have any questions, please contact the office.

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## **TONIGHT!**

**DECEMBER 2**

**FALL SOCIETY MEETING**

**NEWS FROM THE BOARD & MORE**

**MONDAY, DECEMBER 2, 7:30PM**

IMMANUEL CHRISTIAN SECONDARY SCHOOL, SMALL GYM



# Healthy Kids Corner!

## 5 Easy Tips to Get Rid of Lice

Lice! The word can send many parents into a panic. No one wants to get a call that their child has lice. Lice can happen to anyone, anytime. Rich or poor, clean or dirty, lice do not discriminate. The head louse is one of several types of lice, but it only infests the scalp. The head louse is not known to spread disease. Up to 10% of elementary school children may have lice. If your child has lice it can spread to other family members or close contacts. Head lice do not hop or fly. The lice spread by contact with the hair of a person who has lice.

So what do you do if your child has lice?

1. Try not to panic.
2. Treat those with lice. Talk to a pharmacist for the most current effective treatment.
3. Wash bedding and clothing, especially head gear and scarves in hot water. Drying on a hot cycle will help but is not necessary.
4. Soak combs and brushes in hot water approximately 55 degrees Celsius.
5. Do not use sprays to treat the house. They can be toxic.



Finding lice does not mean that your child gets time off school. Your child can go home at the end of the day and still return the next day after treatment.

➤ For more information about head lice and treatment, visit <https://www.albertahealthservices.ca/assets/info/school/if-sch-sh-head-lice-and-how-to-treat-them.pdf>

### Articles

5 Easy Tips to Get Rid of Lice

Technology and Physical Activity

As the best defense against influenza infection and illness, an annual influenza immunization is recommended for all Albertans six months of age and older. For more information about influenza immunization visit

<http://www.albertahealthservices.ca/influenza.asp>